

Apple Cake

Rating: ★★ ★

Makes: 12 servings

Ingredients

10 tablespoons butter
3/4 cup sugar
3 egg
1 3/4 cups flour (sifted)
2 teaspoons baking powder
1 tablespoon lemon rind (grated)
2 apple (medium, pared, cored, sliced)
2 teaspoons sugar
8 tablespoons apricot jam (1/2 cup)

Directions

1. Beat butter with sugar until creamy.
2. Add eggs one at a time, beating until well blended.
3. Add flour, baking powder, and lemon rind, beat 4 minutes.
4. Pour into greased 9-inch spring-form pan.
5. Arrange the apples on the batter, sprinkle with 2 teaspoons sugar.
6. Bake 1 hour at 350 degrees.
7. Remove from pan, brush apples with jam, cool.

University of Illinois, Extension Service, Wellness Ways Resource Book: Taste of the World

Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	NA	
Total Fat	NA	
Protein	4 g	
Carbohydrates	39 g	13%
Dietary Fiber	1 g	4%
Saturated Fat	NA	
Sodium	NA	